



INSTITUTE FOR
**MINDFULNESS
STUDIES**

Registration Form

REGISTRATION INFORMATION

Date of Workshop: _____

Your name(s): _____

Number of Participants: _____ Phone: _____

E-Mail: _____

Address (optional): _____

How did you learn of the event? _____

Enrollment Fee: _____ (Note: If part of a group, individual rate is \$65)

Preferred Time To Call You if Necessary _____

To register, fill out the above form and **mail** it along with a check to:

Institute for Mindfulness Studies
ATTN: Workshop Coordinator
800 West Avenue, Suite C-1
Miami Beach, FL 33139

Upon successfully registering by mail, confirmation of your registration and workshop information will be e-mailed to you or mailed by post.

You may also register by one of the following methods:

1. **Register Online** by visiting www.MindfulLiving.net and clicking on the workshop link. You may use your credit card or PayPal account. All processing is done through PayPal.
2. Send an email to contact@mindfulliving.net expressing your interest in registering and an **electronic invoice** will be e-mail to you. You may register using the PayPal link contained in the e-mail.

Upon successfully registering on-line or via electronic invoice, an e-mail will be sent to you containing information regarding the workshop. If you do not receive this e-mail within 24 hours, please contact us at 786-239-9318 or by e-mailing contact@mindfulliving.net.